

Charity No:

1144223

# The John Graham Trust

Empowering people with learning disabilities

## The John Graham Trust:

**Our vision:** An equality of access for all people with learning disabilities to services and support without compromise.

**Our mission statement:** We aim to empower adults with special learning needs by developing their independence and life skills. The charity aims to do this by providing equipment and other services to people with specific needs.



## Our Activities:



**The Healthy Living Initiative:** This project has been put together to promote the importance of health, fitness and wellbeing among people with learning disabilities. The Trust aims to develop an equality of access to sport/activity opportunities.

- We are working with existing activity programs and our beneficiaries to identify any potential barriers preventing access and how best to overcome them.
- Promoting the good work currently undertaken by existing sports and activity programs and helping them to develop further through raising funds for specialist equipment.
- Linking local organisations, sporting facilities and client groups together to help develop new activities and sports. For example our **Inclusion Football Program** that links local qualified coaches with our beneficiaries at a suitable venue during the time of day that suits our clients best.

**Your Help:** most of our projects require support and funding so we really appreciate the generosity shown by people and organisations to The John Graham Trust. If you would like to donate to our good causes please see the Just Giving info below:

**Visit [www.justgiving.com](http://www.justgiving.com) if you wish to donate**

**Or Text: NEED16 followed by the amount £ to 70070**

**For Example: NEED16 £10 to 70070**



Web: [www.johngrahamtrust.org.uk](http://www.johngrahamtrust.org.uk) Email: [admin@johngrahamtrust.org.uk](mailto:admin@johngrahamtrust.org.uk) Phone: 07928376967